



**WellSmart
Health** 

SURGICAL ASSOCIATES

An Affiliate of Opelousas General Health System

SUTAB BOWEL PREP KIT

★ *Must be picked up from your local pharmacy*

THE DAY BEFORE your colonoscopy:

- Clear liquids **ONLY**
- **NO SOLID FOODS**

Examples of clear liquids; water, clear fruit juices such as apple or white grape, chicken or beef broth, Jell-O, Gatorade/Powerade, popsicles, clear soft drinks such as Sprite, coffee without sugar or creamer. **NOTHING RED OR PURPLED COLORED AS THIS MIMICS BLOOD!**

10:00AM; Drink 8 ounces of water

12:00PM; Take the first bottle of SuTab tablets (12 tablets) over the next 36 minutes with 16 ounces (cup provided) of water or clear liquids. **You will take 1 tablet every 3 minutes. You must drink 2 more cups of clear liquid over the next hour.**

6:00PM; Take the first bottle of SuTab tablets (12 tablets) over the next 36 minutes with 16 ounces (cup provided) of water or clear liquids. **You will take 1 tablet every 3 minutes. You must drink 2 more cups of clear liquid over the next hour.**

12:00AM; **NOTHING BY MOUTH UNTIL AFTER YOUR PROCEDURE.**

Please contact the office at 337-594-3446 for any questions.