



SURGICAL ASSOCIATES

An Affiliate of Opelousas General Health System

SUFLAVE BOWEL PREP KIT

- ★ *Must be picked up from your local pharmacy*
- ★ *Suflave is a split-dose regimen. 2 bottles are required for complete preparation for colonoscopy. You will take 2 bottles of liquid in 2 separate doses. One dose of Suflave is equal to one bottle plus one flavor enhancing packet*

THE DAY BEFORE your colonoscopy:

- Clear liquids **ONLY**
- **NO SOLID FOODS**

Examples of clear liquids; water, clear fruit juices such as apple or white grape, chicken or beef broth, Jell-O, Gatorade/Powerade, popsicles, clear soft drinks such as Sprite, coffee without sugar or creamer. **NOTHING RED OR PURPLED COLORED AS THIS MIMICS BLOOD!**

12:00PM: Open 1 flavor enhancing packet and pour the contents into 1 bottle. Fille the provided bottle with “lukewarm” water up to the fill line. After capping the bottle, gently shake the bottle until all powder has mixed well (dissolved). For best taste, refrigerate the solution for an hour before drinking. **DO NOT FREEZE. USE WITHIN 24 HOURS.** Drink 8 ounces of the solution every 15 minutes until the bottle is empty. **Drink an additional 16 ounces of water or clear liquids.**

6:00PM: Open 1 flavor enhancing packet and pour the contents into 1 bottle. Fille the provided bottle with “lukewarm” water up to the fill line. After capping the bottle, gently shake the bottle until all powder has mixed well (dissolved). For best taste, refrigerate the solution for an hour before drinking. **DO NOT FREEZE. USE WITHIN 24 HOURS.** Drink 8 ounces of the solution every 15 minutes until the bottle is empty. **Drink an additional 16 ounces of water or clear liquids.**

12:00AM: **NOTHING BY MOUTH UNTIL AFTER YOUR PROCEDURE.**

Please contact the office at 337-594-3446 for any questions.